

Men's health

- Men who smoke are more likely to:
 - have a low sperm count which makes it harder to make a baby
 - have problems getting an erection
 - have sleeping problems
 - have a sore throat all the time
 - get acid reflux, which feels like a burning in the chest
 - grow ulcers in their digestive system.
- Men will be healthier and have healthier children and families if they do not smoke cigarettes.

