

Passive smoking

- People can get sick just from being around smokers. They don't even have to smoke! This is called **passive smoking**.
- Of all of the people who die from sickness caused by smoking, 1 out of 4 don't even smoke!
- This 'second-hand' smoke comes from the burning end of a cigarette and from the smoke that the smoker blows out after inhaling.
- If people are around smokers in a room or car where it is hard for the smoke to escape, they can inhale all that poisonous smoke.
- Children are in danger of becoming very sick if they are around smokers. This is because:
 - they are breathing in and out a lot more than adults do
 - their lungs are still growing
 - they can't easily move away from someone who is smoking
 - the smoke from cigarettes gets into carpets, blankets, pillows and floors and other things that children have a lot of contact with.
- Next time a smoker lights up a cigarette, ask them to move outside away from non-smokers and children.



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They don't even have to smoke!

Passive smoking can make children and babies sick.