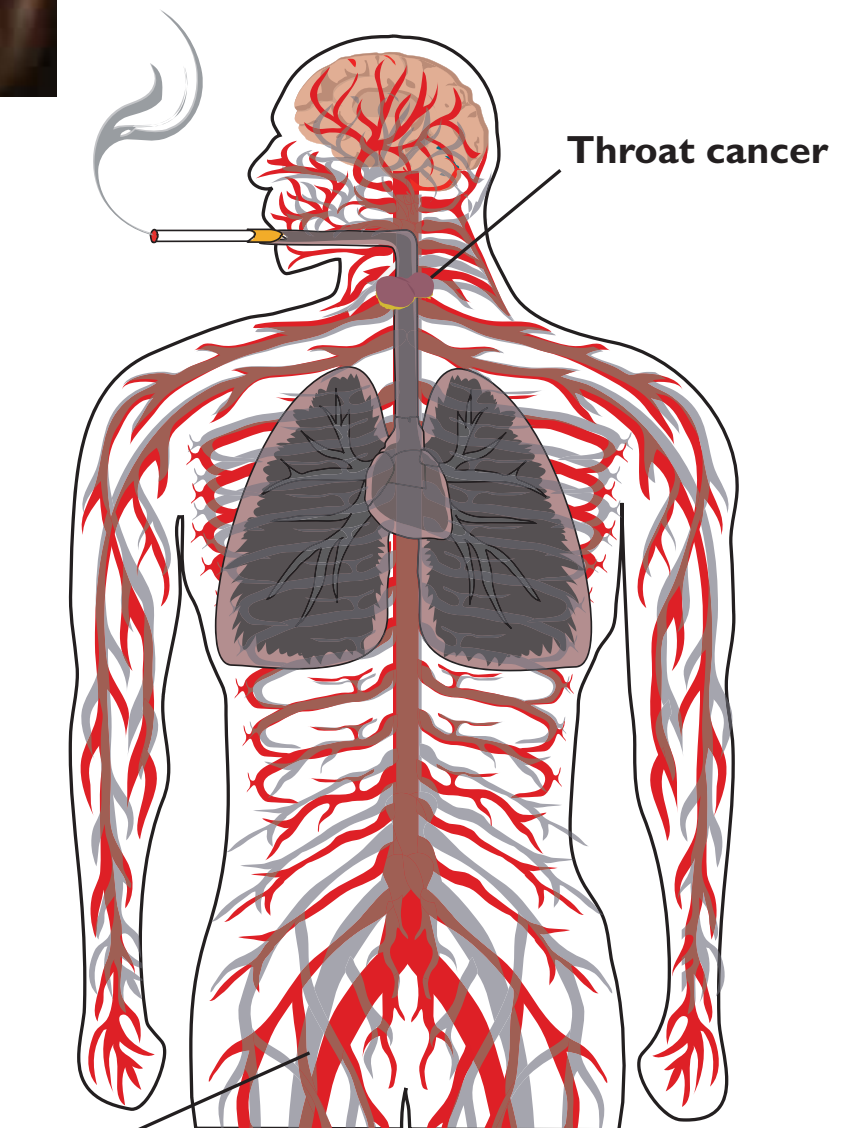


## Smoking and the body

- When people smoke, the chemicals go through their mouth, into their lungs and get into their blood. Then the blood carries the chemicals to their brain and it makes them feel good and want more cigarettes.
- But the blood also carries the chemicals from the cigarette all around the body, which changes the way it works. These are some of the things that can happen to the body:
  - the smoke goes into the mouth — here the chemicals can make the breath smell bad and stain teeth a yellow-brown colour
  - if people keep smoking for a long time, this can give them gum disease, tooth loss and mouth cancer
  - as the smoke moves into the throat it can give them more coughs and colds. After a long time, they may get throat cancer.
- Smoking causes many other serious health problems. These are described in other pages.



- Stained teeth
- Tooth loss
- Gum disease
- Mouth cancer



**Chemicals from smoke get into the blood**